



## CHARLOTTE DRAGONBOAT RACE RULES & REGULATIONS

### Registration

- Before being allowed to practice or participate, teams must complete all the required paperwork: the registration form, team roster, and the team waiver and release of liability form.
- Your registration fee must be paid before you are allowed to schedule practices. Fee for non-profit is \$650 and \$750 for corporate. After April 16, it is \$750 for non-profit and \$850 for corporate
- Team captains will be contacted to schedule practices after the Team Registration Form has been received.

### Crew and Crew Composition

- Each team should consist of 20 paddlers, 1 drummer. Up to 4 additional alternates are allowed. NO EXPERIENCE REQUIRED.
- Team members must be at least 15 years of age.
- Mixed Teams must have a MINIMUM of 8 male and 8 female paddlers.
- For an all women's team, the drummer may be a male.
- A steersperson will be provided.

### Safety

- PFDs (Personal Flotation Device) will be provided and must be worn in practices and races. No inflatable device is allowed as substitute.
- Shoes must be worn at all times by all paddlers, drummers and steerspersons
- Each crew member is solely responsible for his or her own safety during practice sessions and the race itself.
- Team Captains are encouraged to promote team warm-up activities prior to marshalling.
- Team Captains are required to participate in the Captain's Meeting and safety briefing prior to the race commencement.
- In case of emergency EMS staff and ambulance will be on site on the festival grounds as well as a **first aid station** at the team loading/unloading area.

### Waivers and Identification

- All crew members must sign a waiver stating they have read and understand the risks of injury associated with Dragon Boat racing and knowingly and freely assume all such risks.
- Waivers must be signed by all participants prior to practice sessions and race activities.
- Copies of identification are not required but must be available if requested by race management.

- Captains will sign a certification letter stating that they have verified the identity of each crew member and they fit the qualifications for participation, each crew member has signed the waiver and there is a waiver for each participant.

### **Parking**

- Only one car per team is allowed to park at the event location and there is no drop-off pass.
- Crews should park at the designated parking area and shuttle to the venue. Equipment may be loaded on the shuttle.
- Optional team setup is allowed in designated area on the Friday before the event.

### **Check-in**

- Team Captains must check-in the day of the race to provide waivers and sign captain's certification letter.
- Team Captains will receive a full set of wristbands based on the number of crew listed on the roster.
- Only individuals with wristbands are allowed to walk to the boat loading/unloading area.

### **Race Plan**

- Check-in, Captain's Meeting, Marshalling and Round 1 Heat start times will be sent to team captains the Wednesday prior to race day.
- Race organizers will direct teams on procedures for marshalling, loading, starting procedures during team practices and Captain's meeting.
- Race organizers reserve the right to determine placement of teams.
- Each team will race three times.
- The pace of the race can be accelerated or delayed based on many external factors. Approximate Marshalling times for Round 2 and Final Round will be posted after completion of prior Round but Team Captains should listen for Heat announcements for confirmation.
- Teams will advance to one of the finals based on their best time in either round one or two.
- Specified community teams will be grouped in a separate division and only race among each other in the final round, regardless of where they place in the first two heats.
- All matters not specifically addressed in the "Rules and Regulations" will be determined by the Event Organizer

### **Award Ceremony**

- Award ceremony will follow the last race of the day.
- The top three teams from the Division A, B and C Championships and Consolation finals will be awarded medals.